



HOLIDAY CLUB SCHEDULE 2018-2019

CLUB HOURS	
Monday, Dec 24	7 a.m. - 3 p.m.
Tuesday, Dec 25	CLOSED
Monday, Dec 31	7 a.m. - 7 p.m.
Tuesday, Jan 1	7 a.m. - 3 p.m.

FAMILY OPEN SWIM & KIDS ACTIVE CLUB HOURS	
Monday, Dec 24	Family Open Swim 12 - 2 p.m. Kids Active Club/Infant Care 8 a.m. - 12 p.m.
Tuesday, Dec 25	CLOSED
Monday, Dec 31	Family Open Swim 2 - 5 p.m. Kids Active Club/Infant Care 8 a.m. - 12 p.m.
Tuesday, Jan 1	Family Open Swim 12 - 2 p.m. Kids Active Club/Infant Care 8 a.m. - 12 p.m.

Day	LAND GROUP EXERCISE SCHEDULE			AQUATICS GROUP EXERCISE SCHEDULE		
	Time	Class	Instructor	Time	Class	Instructor
Christmas Eve, December 24	8 - 9 a.m.	ATAC	Jen	9 - 10 a.m.	Wave Circuit	Diana
	9:15 - 10 a.m.	Spin	Sheri			
	9:15 - 10 a.m.	Zumba	LaShawn			
	10:15 - 11 a.m.	On The Ball	Teresa			
	10:15 - 11:15 a.m.	Hatha Yoga	Parna			
New Year's Eve, December 31	8 - 9 a.m.	ATAC	Jen	9 - 10 a.m.	Wave Circuit	Judy
	9:15 - 10 a.m.	Spin	Sheri	10 - 11 a.m.	Good Moves for Every Body	Judy
	10:15 - 11 a.m.	Zumba	LaShawn			
	10:15 - 11:15 a.m.	Hatha Yoga	Cynthia			
New Year's Day, January 1	8 - 9 a.m.	ATAC	Terri	9:30 - 10:30 a.m.	H2O Combo	Heather
	9 - 10 a.m.	Yoga Sculpt	Cynthia			
	9:15 - 10 a.m.	Spin	Jen			
	10:15 - 11 a.m.	Zumba	LaShawn			
	10:15 - 11:15 a.m.	Restorative Yoga	Judy			

All regular programming is cancelled for ONLY the days listed and the following schedule will be replacing the normal format.



Rush Copley Healthplex Fitness Center