

Pregnancy Appointment Calendar: TWINS

Due Date: _____

Primary Physician: _____

Appointments

Date/Physician

Schedule up to 26 Weeks at your first OB Visit.

Week 7

- Blood work

Week 11-13

- 1st Trimester Genetic Screening (ultrasound & bloodwork)
- **Be sure to drink 24 oz. of water 1 hr prior to ultrasound**

ultrasound @ Suite 207: _____

office visit: _____

Week 16-17

- Other Genetic Screening
- Early Diabetes Screening *if required*

Week 20-21

- Visit with other MD
- **Be sure to drink 24 oz. of water 1 hr prior to ultrasound**

ultrasound@ Suite 207: _____

office visit: _____

Week 25-26 (1 hour visit)

- Diabetes Test

Week 30

- Visit with other MD
- Start kick counts, pediatric Information provided
- If needed, schedule repeat C-Section with your MD

Schedule remaining OB Visits at your 26- Week appointment.

Week 32

- Visit with other physician

Week 34

- Group B Strep test

NST: _____

Office Visit: _____

Week 35

- Visit with other physician

NST: _____

Office Visit: _____

Week 36

NST: _____

Office Visit: _____

Week 37

- Visit with other physician

NST: _____

Office Visit: _____

Week 38

NST: _____

Office Visit: _____

Postpartum Visit

- 4 weeks after delivery for C-Section
- 6 weeks after delivery for vaginal delivery
