


Adult Medical History Form

Name: _____ Birthdate: _____ Today's Date: _____

 Please list your Medication **Allergies**: _____

 Please list your current prescription **medicine**, over-the-counter medications, vitamins, supplements, and herbal products you take regularly (you may use the back of page 3 if needed)

Medication/Supplement Name	Dose	How often	Reason for Medication/supplement

Health History – Please check if appropriate and indicate how many years present

- | <u>Years present</u> | <u>Condition</u> |
|--------------------------|--|
| <input type="checkbox"/> | _____ Arthritis _____ |
| <input type="checkbox"/> | _____ Asthma _____ |
| <input type="checkbox"/> | _____ Cancer (type: _____) |
| <input type="checkbox"/> | _____ Diabetes _____ |
| <input type="checkbox"/> | _____ Emphysema/COPD _____ |
| <input type="checkbox"/> | _____ Gastrointestinal Problems _____ |
| <input type="checkbox"/> | _____ Heart problems (type: _____) |
| <input type="checkbox"/> | _____ Kidney problems _____ |
| <input type="checkbox"/> | _____ Liver problems or hepatitis _____ |
| <input type="checkbox"/> | _____ Mental health problems _____ |
| <input type="checkbox"/> | _____ Migraines _____ |
| <input type="checkbox"/> | _____ Osteoporosis (weak bones) Fracture of hip or spine? <input type="checkbox"/> yes <input type="checkbox"/> no |
| <input type="checkbox"/> | _____ Sexually Transmitted Disease _____ |
| <input type="checkbox"/> | _____ Thyroid problems _____ |
| <input type="checkbox"/> | _____ Other: _____ |

Place Sticker Here

Hospitalizations (include C-sections)

Year	Operation or Illness	Hospital	Doctor

Women's Health

No. of pregnancies ____ No. of miscarriages/abortions ____/____ No. of living children ____
Age you periods began ____ Date of last period ____ How often do periods occur ____
Are you sexually active? ____ Method of pregnancy prevention ____
Date of last mammogram (age 40+): ____ Results: Normal Other: ____
Date of last PAP smear: ____ Results: Normal Other: ____

Family History if Illness (please list close relative and age of diagnosis or death if known)

Asthma: _____
Cancer: _____
Diabetes: _____
Heart Disease: _____
High Blood Pressure: _____
Mental Health: _____
Other: _____
Family Deaths at an early age (under 60): _____

Social History

Marital status: _____ Education (highest level): _____ Occupation: _____
How many children do you have? _____ How many brothers/sisters? ____ / ____
Do you smoke? yes no former ____ packs per day ____ years smoked ____ years quit
Do you chew tobacco? yes no former Do you have any toxic work exposures: † no † yes
Do you drink alcohol? yes no former ____ average drinks per week ____ Max. drinks a day
Do you use marijuana, cocaine or similar drugs?: yes no former
Have you traveled outside of the U.S. in the last 6 months: † no † yes: _____
How would you describe your diet? _____ How often do you exercise? ____ days per week

Prevention (please answer the questions to the best of your ability):

Date of last flu shot _____ Date of Shingles shot (over 60) _____
Date of last pneumonia shot _____ Dates of HPV shots (women 9-26+) _____
Date of last tetanus shot _____ Dates of Hepatitis B shots: _____
Have you ever had Chickenpox or the chickenpox vaccine? yes no unsure
Date of last cholesterol check _____ Results: Normal Borderline High Unknown
Date of last colon cancer screening (age 50+): _____ Type of screening: _____
Date of last glaucoma screen (age 65+, 50+ for African American): _____
Do you have a living will or power of attorney for healthcare? yes no
Would you like information on living wills or power of attorney? yes no
Name of person completing this form: _____

Reviewed by healthcare provider (Initials and date): _____ / ____ / _____