



# Supportive Oncology at Rush

Supportive Oncology is a comprehensive suite of services designed to improve patients' quality of life, quality of care, and outcomes. Supportive Oncology services are integrated into the Rush University Cancer Center and are designed specifically to enhance the health and well-being of our hematology and oncology patients and their loved ones across the cancer continuum.

The mission of supportive oncology is to:

1. Decrease distress and improve quality of life through the use of evidence-informed practices
2. Connect people with the resources they need
3. Decrease symptom burden associated with cancer or its treatment.

| Service                      | Indications   | How to order  |
|------------------------------|---|---|
| <b>Psychosocial Oncology</b> | <ul style="list-style-type: none"> <li>• Difficulty coping with cancer</li> <li>• Managing comorbid mental health conditions</li> <li>• Interest in psychotherapy</li> </ul>  | <b>Request for Supportive Oncology, select referral reason</b><br><br><b>Page STAR (6622) for immediate consultation</b>                          |
| <b>Psychiatric Care</b>      | <ul style="list-style-type: none"> <li>• Psychiatric evaluation</li> <li>• Medication management</li> <li>• Enrollment into Collaborative Care Model</li> </ul>   |   |
| <b>Acupuncture</b>           | <ul style="list-style-type: none"> <li>• Nausea/vomiting</li> <li>• Cancer pain</li> <li>• Anxiety</li> <li>• Hot flashes</li> <li>• Fatigue</li> <li>• Stress</li> <li>• Digestion problems</li> <li>• Xerostomia</li> </ul>   | <b>Request for Supportive Oncology, select referral reason</b>  |
| <b>Massage</b>               | <ul style="list-style-type: none"> <li>• Lymphedema</li> <li>• Anxiety</li> <li>• Pain</li> <li>• Nausea</li> <li>• Fatigue</li> <li>• Stress</li> </ul>  |   |
| <b>Chaplaincy</b>            | <ul style="list-style-type: none"> <li>• Concerns about spirituality or religious traditions</li> <li>• Desire for faith-or spirituality-based support</li> <li>• Assistance with faith specific rituals or prayer</li> </ul>   | <b>Request for Nutrition Counseling</b>   |
| <b>Nutrition</b>             | <ul style="list-style-type: none"> <li>• Weight loss</li> <li>• Poor appetite</li> <li>• Malnutrition</li> <li>• Taste changes</li> <li>• Nausea/vomiting</li> <li>• Electrolyte imbalance</li> <li>• Healthy lifestyle change</li> <li>• Enteral nutrition management</li> <li>• Diarrhea/constipation</li> <li>• Nutrition questions</li> </ul>   |   |
| <b>Palliative Care</b>       | <ul style="list-style-type: none"> <li>• Symptom management</li> <li>• Advance care planning</li> <li>• Continuity of care</li> <li>• Psychosocial, bereavement support</li> <li>• Facilitating conversations:               <ul style="list-style-type: none"> <li>— Treatment decisions</li> <li>— Disease course expectations</li> <li>— Illness education</li> <li>— Prognosis</li> </ul> </li> </ul>   | <b>Request for Palliative Care</b>  |
| <b>Social Work</b>           | <ul style="list-style-type: none"> <li>• Safety concerns</li> <li>• Mental health resources</li> <li>• Caregiver resources</li> <li>• Advance directives</li> <li>• End-of-life planning</li> <li>• Financial resources</li> <li>• Insurance</li> <li>• Substance use</li> <li>• Care coordination</li> <li>• Wigs &amp; Prosthetics</li> <li>• Lodging</li> <li>• Transportation</li> <li>• Hearing/dental/ vision</li> <li>• Vocational training</li> </ul> | <b>Request for Cancer Center Social Work</b><br><br><b>Page Social Work for immediate consultation and/or safety concerns (suicide, violence)</b> |