

Additional Meal Options for Family & Visitors:

Visitor Trays

- Between 6:30 a.m. and 6:00 p.m., visitors can arrange to receive a lunch or dinner tray to a patient's room for an additional fee. Meals are charged at the time of service (Credit Card Only).
- With advance notice, you may be able to personalize your menu selections.
- If you contact the central kitchen one hour prior to regular meal service times, we will be happy to serve your tray along with the patient meals.
- If you have any questions or would like to purchase a visitor tray please call the central kitchen at ext. 2-5200.

Cafeteria • Hours: 6:30 a.m. – 3:30 p.m.

In A Rush • Hours: 6:30 a.m. – 4:30 p.m.

Open Monday through Friday (*excluding holidays*)
Located on the 2nd floor in the Armour Academic Center building.

- Offers a wide variety of hot & cold menu items including freshly prepared custom made salads, sandwiches, a rotating build your own station, along with hot soups, desserts and several comfort food items.
- Serves Intelligentsia coffee and many specialty coffee options as well as fresh fruits, homemade baked goods, smoothies and more.

Vending Machines • Hours: 24hrs/day

Located throughout the Medical Center.

- Ask unit personnel for directions to the nearest machines.
- The largest vending area is located on the first floor of the Jelke building.

Au Bon Pain Restaurant • Hours: 24hrs/day

Located on the 4th floor of the Atrium building. Offers a variety of bakery, sandwich, salad and soup options.

This menu along with other
useful information about
Rush Food & Nutrition Department
can be viewed at:
www.rush.edu/fns

Dining Guide

Vegetarian



Nutrition – The Key to Unlocking Good Health

Our chefs at Rush have developed a menu to not only entice your taste buds but also meet your nutrition needs during your stay.

Daily Orders

You will be given a menu form to make your selections for Breakfast, Lunch and Dinner the **next day**. Complete and return your form to our staff so we can begin preparation of your personalized meals.

Some menu items may be altered to ensure your meals are consistent with the diet your doctor has ordered for you.

Missed your meal?

- Call the central kitchen at ext. 2-5200.
- Between 6:30 a.m. – 7:30 p.m. our staff will assist you with obtaining a meal.
- After 7:30 p.m. let your nurse know of any immediate nutritional needs.

Snacks

Snacks are available in the unit nourishment room. If you have any special snack requests please ask your Diet Tech to order them for you.

Nutrition Counseling

Nutrition Counseling is available to all patients/families while in the hospital. If interested, please let your Diet Tech know or call ext. 2-5200.

